

Welcome to
'Exchanging Ideas
& Knowledge',
a celebration of
arbias passion &
commitment to
make a difference
through education,
training & innovation.



arbias Ltd VIC
27 Hope Street
Brunswick VIC 3056

tel (03) 8388 1222
fax (03) 9387 9925
EnquiriesVIC@arbias.com.au
website www.arbias.org.au

ABN 49 307 923 403

arbias Ltd NSW
The Dunc Gray Velodrome
Carysfield Road (Off Johnston)
Bass Hill NSW 2197

tel (02) 9644 2869
fax (02) 9645 3483
EnquiriesNSW@arbias.com.au
website www.arbias.org.au

ABN 49 307 923 403

Specialised Training Services
For Training queries &
bookings please contact:

Thomas Spencer,
Co-ordinator Training
Education and Capacity
Building

tspencer@arbias.com.au
tel (03) 8388 1206

'Exchanging Ideas & Knowledge.'



arbias SUITE OF TRAINING

SCHEDULED ABI TRAINING PROGRAM

MELBOURNE BASED

> ABI AWARENESS TRAINING MODULE

Upon Application

> FOUNDATIONS MODULE 1 - 2

Upon application and scheduled twice annually - refer to website for dates

> FOUNDATIONS MODULE 3 - 4

Upon application and scheduled twice annually - refer to website for dates

> ADVANCED MODULE 5

Upon application and scheduled twice annually - refer to website for dates

> ADVANCED MODULE 6

Upon application and scheduled twice annually - refer to website for dates

> INTERMEDIATE MODULE 7

Upon Application

> INTERMEDIATE MODULE 8

Upon application and scheduled twice annually - refer to website for dates

> INTERMEDIATE MODULE 9

Upon Application

SYDNEY BASED

> ABI AWARENESS TRAINING MODULE

Upon application

> FOUNDATIONS MODULE 1 - 2

Upon application and scheduled twice annually - refer to website for dates

> FOUNDATIONS MODULE 3 - 4

Upon application and scheduled twice annually - refer to website for dates

> INTERMEDIATE MODULE 9

Upon application and scheduled twice annually - refer to website for dates

ABI AWARENESS TRAINING

🕒 6 HOURS

New 1 Day ABI Introductory Module A- **Now Available**

The aim of this introductory module is to provide participants with greater awareness of Acquired Brain Injury (ABI) due to alcohol and other drug causes. The module examines briefly, the cognitive, behavioural and social implications for people with an ABI and some of the strategies on how to address these issues.

LEARNING OUTCOMES

On Completion of this section it is anticipated that participants will gain:

- An introductory understanding of ABI
- An introductory understanding of common outcomes for people with an ABI
- An understanding of supporting and planning with people with an ABI
- An identification of further knowledge and skills required to work with people with an ABI.

FOUNDATIONS MODULE 1

🕒 3 HOURS

An introduction: Exploring Acquired Brain Injury (ABI) & Alcohol Related Brain Injury (ARBI)

The aim of this module is to provide participants with an understanding of the nature of alcohol related brain injury and the cognitive, physical, behavioural, emotional and social implications of the person with the condition.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Identify causes of acquired brain injury (ABI)
- Increase knowledge of brain-behaviour relationship
- Describe common deficits associated with ABI
- Describe disorders related to ABI
- Develop an understanding of someone with ABI

FOUNDATIONS MODULE 2

🕒 3 HOURS

Strategies for Working with a Person with an Acquired Brain Injury

The aim of this module is to provide participants with strategies in working with people who have an Acquired Brain Injury.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Provide compensatory strategies for people with ARBI
- Reduce demands on cognitive functioning
- Implement strategies to improve memory
- Implement strategies to people with ARBI and frontal lobe dysfunction
- Implement strategies to assist with communication

FOUNDATIONS MODULE 3

🕒 3 HOURS

Working with People with Acquired Brain Injury and Behaviours of Concern

The aim of this module is to provide participants with strategies in working with people who have an acquired brain injury and exhibit behaviours of concern

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Understand the meaning of human behaviour
- Understand brain - behaviour relationships and effects of ABI on behaviour
- Understand behaviour management principles
- Identify specific strategies when dealing with behaviours of concern

FOUNDATIONS MODULE 4

🕒 3 HOURS

Working with Complexity and Acquired Brain Injury

The aim of this module is to provide participants with an understanding of the complex needs associated with alcohol related brain injury in all areas of a person's life, including psychological, social, physical and mental wellbeing.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Identify and review issues associated with alcohol abuse and alcohol related brain injury
- Understand and discuss the range of complex needs
- Understand various consequences
- Implement basic strategies and support plans

ADVANCED MODULE 5

🕒 6 HOURS

Advanced Clinical Skills – Alcohol and Other Drug Interventions for people with Alcohol Related Acquired Brain Injury

Note: It is recommended that clinicians have completed modules one to four prior to undertaking modules five and six (which represent specialist and advanced training). Alternatively clinicians must demonstrate a high level of expertise in ABI, alcohol and other substance related Acquired Brain Injury, and a working knowledge of suitable interventions for Acquired Brain Injury populations. "Presenter - Martin Jackson, Senior lecturer and Psychology Clinic Director, Latrobe University".

The aim of this module is to provide participants with skills in delivering alcohol and other drug interventions to people who have an alcohol related brain injury.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Recap and understand Acquired Brain Injury as a multidimensional disorder
- Recap and understand the link between alcohol and substance use and Acquired Brain Injury
- Understand the importance of concurrent assessments of Alcohol and Other Drugs and Acquired Brain Injury
- Understand and make use of Constructing a Formulation when engaging with people with an Acquired Brain Injury and Alcohol Related Brain Injury
- Gain a better understanding of the Spectrum of Alcohol and Other Drug Interventions
- Understand and make use of Motivational Interviewing principles when working with people with an Acquired Brain Injury and Alcohol Related Brain Injury
- Understand the role of Cognitive Behavioural approaches when working with people with an Acquired Brain Injury and Alcohol Related Brain Injury
- Plan and deliver appropriate Relapse Prevention programs for people with Acquired Brain Injury & Alcohol Related Brain Injury
- Gain a better understanding of the treatment issues as they apply to people with an Acquired Brain Injury

ADVANCED MODULE 6

🕒 6 HOURS

Acquired Brain Injury, Alcohol and other Substance related Brain Impairment and the Criminal Justice System

Note: It is recommended that clinicians have completed modules one to four prior to undertaking modules five and six (which represent specialist and advanced training).

Alternatively clinicians must demonstrate a high level of expertise in Acquired Brain Injury, alcohol and other substance related Acquired Brain Injury, and a working knowledge of suitable interventions for Acquired Brain Injury populations. "Presenter - Martin Jackson, Senior lecturer and Psychology Clinic Director, Latrobe University".

The aim of this module is to provide participants with knowledge and skills for working with people who have an Acquired Brain Injury within the context of the criminal justice system.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Recap and understand the relationship between acquired brain impairment, offending behaviour and involvement in the criminal justice system
- Understand the factors which lead to over representation for people with ABI in the criminal justice system
- Understand particular offence behaviours as they relate to ABI, including violent offending and sexual offending
- Understand forensic treatment paradigms including the Risk-Need-Responsivity model
- Describe the relevant legislation and common law as it applies to the processing of people with Acquired Brain Injury through the justice system
- Recognize the factors precipitating an individual's offending behaviour and involvement in the criminal justice system

LEARNING OUTCOMES CONT.

- Identify change targets for planning and delivering treatment
- Understand the use of CBT in treatment of offending
- Assist clients in addressing offending behaviour as part of a holistic psychological, behavioural, and systemic intervention
- Tips for court reports and effective strategies for appearing in court

INTERMEDIATE MODULE 7

🕒 3 HOURS

Screening for Acquired Brain Injury. How to screen and what to do next.

The aim of this module is to provide participants with knowledge and skills for implementing screening for people with a suspected Acquired Brain Injury.

It is preferred that participants will have completed Modules 1-4 or have significant experience working in the area of Acquired Brain Injury prior to undertaking this module.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Understand the risk factors for ABI
- Conduct ABI screening
- Know what to do when you suspect someone has an ABI
- Know the Why, When and How to make a referral

INTERMEDIATE MODULE 8

🕒 4 HOURS

Co-morbidity. Acquired Brain Injury/Alcohol Related Brain Injury / Substance Related Brain Injury, Alcohol / Substance Abuse & Mental Health

The aim of this module is to provide participants with knowledge and skills for working with people who have an Acquired Brain Injury, specifically Alcohol Related Brain Injury/Substance Related Brain Injury who present with alcohol and/or substance abuse and mental health issues.

It is preferred that participants will have completed Modules 1-4 or have significant experience working in the area of Acquired Brain Injury prior to undertaking this module.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Explore the significance of co-morbidity (ABI + SU + MH)
- Explore strategies in screening & assessment
- Explore treatment principles & critical elements of treatment planning
- Practice developing integrated treatment plans
- Explore ways of working more collaboratively with other workers/services involved

INTERMEDIATE MODULE 9

🕒 2 DAYS

A Practical Guide to Supporting People with Cognitive and Behavioural Impairments after Acquired Brain Injury

Cognitive and behavioural impairments are common outcomes after Acquired Brain Injury. People who have experienced such an injury, as well as those involved in supporting them often find it difficult to know how best to manage such impairments because they are often complex and are not necessarily 'visible'.

This comprehensive training aims to provide people with a greater understanding of common cognitive and behavioural difficulties after acquired brain injury, as well as providing them with practical strategies that they can use when supporting such people. The training aims to be interactive and experiential as a way of exploring such complex issues.

LEARNING OUTCOMES

On completion of this session it is anticipated that participants will be able to:

- Identify common cognitive impairments with ABI
- Identify common behavioural impairments with ABI
- Describe the relationship between cognitive and behavioural impairments
- Describe various strategies to best support people with cognitive impairments
- Describe various strategies to best support people with behavioural impairments
- Understand the role of the rehabilitation team and who is able to provide further assistance in regards to managing cognitive and behavioural impairments

Specialised Training Services
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[Thomas Spencer](#),
Co-ordinator Training
Education and Capacity
Building

tspencer@arbias.com.au
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