



# Strategic Plan 2023 - 2025

## WHO WE ARE:

### Our Vision

Enabling our people and our partners to achieve their very best.

### Purpose Statement

Driving continuous improvement and leading the field of ABI of any aetiology (causes), through evidence based practices.

### Our Values

- Commitment
- Respect
- Be with your people
- Social Justice
- Partnership
- Make it Happen

### Our Specialisation / Expertise

AOD ABI

### List of causes of ABI. (TBC)

- Traumatic brain injury.
- Stroke.
- Hypoxia, following events such as overdose, cardiac arrest, near drowning etc.
- Alcohol and other substance abuse.
- Brain tumors and neurosurgery.
- Brain infections such as meningitis.
- Neurological conditions such as Multiple Sclerosis, epilepsy etc.
- Other diseases that can affect the brain such as HIV, Syphilis etc.
- Psychiatric disorders such as schizophrenia also effect cognition.

## Our Objectives

### Prevention

Identify and address factors leading to alcohol and other drug related brain impairment.

### Intervention

Provide immediate services through secondary consultation and crisis intervention.

### Treatment

Provide a range of specialist services for people with alcohol and other drug related brain impairment and associated complex needs.

### Awareness Raising

Actively promote issues of alcohol and other drug related brain impairment with policy makers, service providers and the community.

### Education

Develop and enhance the knowledge and skills required to work effective with people who have an alcohol and other drug related brain impairment.

### Community Safety

Teach our clients community responsibility to keep them and our community safe.

### Research

Undertake research in alcohol and other drug related impairment which informs current and future services and policy development.

## STRATEGIC GOALS TO ACHIEVE OUR OBJECTIVES

arbias will during the course of 2023 to 2025 maintain and enhance all 7 Objectives (outlined in the Constitution) and will place a strong focus on the Prevention Objective via the goals set out below.

### Our Leadership

We will invest in and capacity build our leader managers through external and internal activities

### Our Partners

Maintain current partnerships through mutual collaboration.

### Our Services

We will improve our service delivery to be more person centered through direct face to face engagement with our clients.

### Our People

We will enable our staff to provide high quality client supports through the tools they need and clarity of role and responsibility.

### Our Resources & Infrastructure

During the course of 2023 to 2025 we will maintain and enhance all 7 Objectives (outlined in the Constitution) and will place a strong focus on building our capability for growth in this economic climate.

### Our Story...

arbias is a not-for-profit organisation established in 1990 to work with individuals with an acquired brain injury and complex needs in a way that is person centered and directed.

Despite remaining as a specialist alcohol and other substance 'ABI' provider, arbias has expanded and diversified over time to deliver a wide range of residential support, case management and support co-ordination services in addition to assessment and interventions for people with high complex needs including justice (offender support), physical disability, mental health, and homelessness.

arbias is governed by a Board of Directors.